



You are invited to a Drum Circle

Simply put a **Drum circle** or rhythm circle is a group of people from a few to many sitting with chairs arranged in a circle experiencing the spontaneous creation of music on a variety of drums and percussion instruments.

Drum Circles are not ALL about **Drumming!**

Drum circles are so much more. They are an effective tool for health and wellness and a breath of fresh air in our fragmented stressed out world.

Saturday, April 13th

10:30 – noon (Light lunch to follow)

Colborne Street United Church

Sign up by calling the Church Office (519) 432-4552

(limited to 30 folks)

Questions to Bonny Shawyer or Archie Wright